Look Inside
Centegra
Report to the Community 2012
We invite you to look inside Centegra as we reflect on our past year of advancing technologies, expanding service lines and innovating health and wellness.

On July 24, 2012, the Illinois Health Facilities and Services Review Board approved our application for Centegra Hospital-Huntley. We anticipate seeing our first patients in 2016 and plan to employ an additional 1,100 area residents.

Centegra chose the McKesson Paragon Hospital Information System (HIS) for the implementation of our Electronic Medical Record. The new HIS will be used by clinicians and will help us provide the best patient care.

Since the Centegra Back and Spine Center opened May 2, patients have had improved access to coordinated, multidisciplinary treatment and management of acute and chronic back and neck pain and other spine related medical issues.

Centegra Physician Care (CPC) grew tremendously in the past year. The practice welcomed cardiologists, Emergency Department physicians, hospitalists, neurologists, rheumatologists and counselors to its staff.

Centegra Clinical Laboratories (CCL) opened for business June 1, 2012. CCL is an independent reference lab and is now part of the full continuum of healthcare services offered at Centegra Health System.

Our past accomplishments propel us to aspire to even greater things this year. I look forward to improving the ways we care for our community in the coming year.

Michael S. Eesley
Chief Executive Officer
I am extremely proud of serving as chairman of the Centegra Health System Board of Governors.

As Chief Executive Officer of American Community Bank and Trust, and longtime resident of McHenry County, I see firsthand the difference Centegra makes in the community.

Centegra’s mission is to provide quality healthcare services with responsible use of resources and to promote wellness for the greater McHenry County area.

CEO Mike Eesley has shared a few of the clinical and innovative highlights from the past year. I’d like to add that another major high point of our year has been the community service performed by Centegra’s Associates and Physicians, who serve on more than 70 boards and committees and volunteer more than 14,000 hours of their time to the community each year.

The advances we’ve made in the way healthcare is provided, coordinated and planned emphasizes our approach to consistently meet the needs of our community. They especially reflect the efforts of our Board of Governors, Associates and Physicians who support this award-winning and high-tech care every day.

Please join us in the future as we continue to look inside Centegra to provide high-tech, high-quality healthcare services for the entire McHenry County area.

Charie Zanck
Chairman of the Centegra Health System Board of Governors

Governor Pat Quinn attended the ceremony and mentioned the approval of Centegra Hospital-Huntley (CH-H) and quality healthcare as being a driving force for improving economic development in the region.

Chief Executive Officer Michael S. Eesley, also addressed the crowd of about 200 and drew rounds of applause when he mentioned how CH-H was supported by 16,000 letters or petition signatures from community members and that the hospital will employ 800 construction workers and 1,100 Associates when it opens in 2016.
Centegra Health System has introduced a new exercise prescription for patients. The Centegra WellBridge Program is a 60-day membership to Centegra Health Bridge Fitness Centers (CHBFC) at a low cost.

The membership provides the patient and a support person full classic membership benefits at the cost of $60 per person. It includes a fitness Bridge Assessment, access to designated and supervised fitness areas, discounted nutrition and wellness coaching services, plus a zero enrollment offer to join as a continued member.

“The Centegra WellBridge Program aligns with the Centegra mission and strategic plan to promote community health and prevent admissions and readmissions to the hospital,” said Matt Carlen, vice president of health and wellness. “Physicians and clinicians can now do more than recommend their patients exercise. They can actually prescribe it and offer their patients an affordable, supervised entry into the region’s leading fitness and wellness centers.”
McHenry County residents now have improved access to coordinated, personalized treatment and management of acute and chronic back pain, neck pain and other spine related medical issues through non-surgical intervention at the Centegra Back and Spine Center.

The Centegra Back and Spine Center focuses on a combination of non-invasive treatment measures including physiatry, physical therapy, chiropractic care, diagnostic medical imaging, pain management, neurology services, behavioral health services and Centegra Health Bridge Fitness Centers. It is located inside the Centegra Immediate Care entrance on the first floor of Centegra Health Center-Huntley.

“We anticipate a rise in back and spine medical issues due to an increase in obesity and the aging population in McHenry County,” said Dr. Ted Lorenc, vice president of medical affairs at Centegra Health System. “By developing the Centegra Back and Spine Center, Centegra is responding to the community’s needs. Additionally, healthcare reform ties provider reimbursements to patient outcomes and the center provides better patient outcomes through decreased pain, improved activities of daily living, improved posture, increased range of motion, improved tolerance to work, and increased strength and endurance.”

A clinician from the Centegra Back and Spine Center will follow-up with a patient’s primary care physician to detail treatment plans and progress in their patient’s condition. All of the Centegra Physician Care facilities use electronic medical records that provide easier access for other members of the medical team to coordinate patient care and keep patient care plans moving forward.
A study conducted by the National Cancer Institute showed a 20 percent reduction in the death rate from lung cancer and a seven percent reduction of all-cause mortality for patients screened by low-dose Computed Tomography (CT) scan compared to chest X-rays. The National Lung Screening Trial (NLST) was a randomized trial of 53,454 current or former smokers ages 55 to 74 with a history of 30 or more years of smoking.

Centegra Health System has developed a CT lung screening program that parallels the NLST criteria and now offers the screening for a cash pay amount of $299. The low-dose protocol delivers 10 percent of the radiation dose in the diagnostic CT of the chest.

“I’ve had mild signs of Chronic Obstructive Pulmonary Disease (COPD) and they saw that on the scans, but they didn’t see any lesions that indicated cancer,” patient Howard Turk said. “The screening was very easy, and I was in and out quickly. It was probably one of the best things I could do for my health because if they found something I would have been able to do something about it. The results brought me peace of mind, so I can enjoy time with my family.”
The Centegra Hospital-McHenry Emergency Department (ED) is newly renovated and fully open to the community, offering more than 15,000 square feet. The ED previously occupied 10,000 square feet.

Each new treatment room is more spacious and private with solid walls and glass sliding doors. Two new trauma rooms are equipped with state-of-the-art ceiling mounted technology located right at a clinician’s fingertips to deliver effective care for the most demanding situations. A new outpatient observation unit adjacent to the ED offers short-term treatment, assessment and reassessment for those patients who need it. The new waiting area, centralized and convenient nursing station and efficient design and layout are results of input from ED caregivers, physicians and patients.

Construction began in the fall of 2010 and cost about $6 million. The renovated ED features 21 treatment rooms and 14 patient rooms in the observation unit. It is now fully open to the public. Centegra Health System is committed to meeting the healthcare needs of the residents of greater McHenry County and to making services available in multiple and convenient locations, including hospitals in McHenry and Woodstock, Immediate and Physician Care Centers, Centegra Sage Cancer Center, Health Bridge Fitness Centers and more.

As the region’s leading healthcare provider, Centegra Health System continues to bring the latest treatments and technology, along with the skills of nearly 4,000 medical professionals, to meet the needs of the growing greater McHenry County community.
Jim Luebbe patted his baby’s back and joked about sleepless nights like any new father. Sam, his newborn son, slept soundly as Luebbe talked about the baby’s tendency to sleep all day and cry all night.

Jim, his wife, Cathy, and Sam visited the Centegra Sage Cancer Center.

Snuggled on the couch of their Crystal Lake home days before their next visit to the cancer center, Jim and Cathy were relaxed and peaceful. As Luebbe stroked Sam’s head with a finger, he talked about how Sam had brought new focus to his life since his brain cancer diagnosis in 2010.

In July of that year, Luebbe suffered a grand mal seizure, the force of which was so strong that it broke his back. He and Cathy sought the help of experts to determine the cause of his seizure. Within a few weeks, the Luebbes had received a devastating diagnosis for Jim. He had a grade IV glioblastoma, an aggressive brain tumor that is difficult to treat because of its penetrating nature. Jim was 38 years old.

Read the rest of Jim’s courageous battle at centegra.org.
Women who need hysterectomies now benefit greatly from the advanced technology and highly skilled surgical teams at Centegra Health System.

Robotic-trained surgeons use the breakthrough technology of the da Vinci® robotic surgery system to provide women the most advanced hysterectomy surgery available.

Women may benefit from a hysterectomy if they have abnormal bleeding, uterine fibroids or endometriosis. Other conditions can also be treated with a hysterectomy. Centegra’s non-invasive hysterectomies using da Vinci® help women return to their everyday activities more quickly than with traditional surgical techniques.

Patients benefit from less blood loss, smaller incisions and a shorter, less painful recovery than those experienced with traditional surgeries.

“It’s exciting that our patients can have robot-assisted hysterectomies without leaving McHenry County,” said Jamie Hursey, robotic surgery team leader. “If a woman needs a hysterectomy, she should ask her physician if this minimally invasive procedure is appropriate for her condition.”
Kathleen McNamara is not a person who thinks of walking her dog as a chore. Instead, it is a thrill for McNamara, who walked her dog June 14, 2012 for the first time in more than six months.

“I was diagnosed with psoriatic arthritis in the beginning of January,” McNamara said. “I’d just turned 60 so I thought my pain was just part of old age.”

Her symptoms developed in December 2011 and became so severe that when she awoke one morning her hands were too swollen to bend her fingers.

“I’m a really active person and this came on really quickly,” said McNamara, the former principal of Mary Endres Elementary School in Woodstock. “You can have slow progression and you can also have huge flare-ups, and that is certainly what this was. I couldn’t drive because I couldn’t put my hands around the steering wheel. I couldn’t even hold a toothbrush.”

She visited her physician, family practitioner Dr. Lisa Glosson of Centegra Physician Care (CPC), who then referred her to CPC’s Dr. Anjali Gopal, a rheumatologist.

“My fear was that I was going to have to go to the city to find someone, and I was grateful to hear that Centegra had new rheumatologists,” she said. “I’m delighted with Dr. Gopal. She’s spunky, she’s compassionate and she was just what I needed at the time. She gave me hope that I would get better.”

Read more about this amazing story at centegra.org.
Nursing has had a very exciting year with many remarkable patient care successes, outstanding Shining Stars and a collective embrace of the Centegra values of genuine respect, passionate caring and a joyful spirit.

Nurse Associates have worked diligently this year through the shared decision-making structure to integrate their Professional Practice Model into the fabric of care delivery to patients. The foundation of the Professional Practice Model is relationship-based care and evidence-based practice, which ensures excellence in patient and family care.

Centegra nursing celebrated accomplishments and initiatives this year including:

- Implementation of the Centegra Nursing Professional Practice Model
- Initiated nursing research relating to environmental noise, pain management and the professional image of nursing at Centegra
- Implementation of daily multidisciplinary Rounds for Reassurance and collaboration regarding the patient’s plan of care in the Intensive Care Unit
- A one-year increase in the number of certified nurses from 93 to 156
- Development of a best practice for the prevention of Ventilator-Associated Pneumonia
- Initiation of nursing’s journey to achieve Magnet designation as a nursing center of excellence

Nursing at Centegra is focused on system integration of standards of care throughout the community healthcare continuum. These efforts are designed to provide consistent support to the patient and his or her family during the need for nursing care and as the patient transitions toward optimum health.
Two and a half years ago Will Rogers became plagued with a number of health issues, including diabetes. He and his wife, Dawn, decided to make a lifestyle change so they joined Centegra Health Bridge Fitness Centers. They enjoy swimming. In the four months since joining, exercising and eating right, have experienced significant weight loss. Will is completely off all his diabetes medication.

"With the help of a swim instructor and the resources Centegra has provided us, we have learned to use the fitness center as a source of prevention so we can never go back to where we were two and a half years ago," Dawn said.

Voted #1 Fitness Centers in McHenry County, Centegra Health Bridge Fitness Centers are the only medically-based fitness centers in our area.

The goal of Centegra Health Bridge Fitness Centers is to provide an educated approach to fitness, health and wellness to the community. More than health clubs, Centegra Health Bridge Fitness Centers are focused on keeping your mind and body healthy through medically-based programs and fitness classes with a wellness approach.

Centegra Health Bridge Fitness Centers are located in Crystal Lake and Huntley.
John Shay has participated in the Centegra Cardiac Rehabilitation program for many years. However, one rehab appointment in particular stands out from the rest.

“I had a pain in my upper arms,” says Shay, who is 82. “The nurse saw that I wasn’t feeling well, and she was there right away to check on me.”

That nurse was Lisa Campo, who immediately took Shay to meet with his doctor in the Centegra Heart Center, and she stayed there with him while he was examined. Though it turned out he was fine, Shay never forgot her kindness and dedication.

When he learned that he could make a gift to honor her as a Centegra Guardian Angel, Shay knew he’d found the perfect way to acknowledge Lisa’s special care.

A MULTIPURPOSE GIFT

Guardian Angel gifts are part of the charitable giving program at Centegra, which is administered by the Centegra Health System Foundation. These gifts go toward essential areas, such as cancer care, women’s health services and cardiac rehabilitation.

When you make a Guardian Angel gift to honor someone, that person is presented with a pin to wear as a daily reminder of this honor.

Shay didn’t stop with one gift. He also wanted to honor Monet Reed, the nurse who helped him when he was hospitalized for pneumonia last December. His care involved a number of procedures, and Monet made sure he understood everything that was happening. During his hospital stay, Shay had been worried. However, Monet was there with reassuring words, just when he needed them most.
Diamond - $100,000 or Greater
Auxiliary to Centegra Hospital-McHenry  Gavers Community Cancer Foundation
Centegra Hospital-Woodstock Auxiliary  † Willard E. Pearson

Emerald - $50,000 - $99,999
McHenry Radiologists & Imaging Assoc, S.C.

Ruby - $25,000 - $49,999
† George and † Ruth Frejd  Thomas Halat

Sapphire - $10,000 - $24,999
A-TEC Ambulance, Inc.  * Karen Judy, MD
Carey Electric Contracting, Inc.  * Dr. Joseph and Cailan Keenan
* Michael and Kara Curran  † Evelyn 0 Nertewitz-Trust
Curran Group, Inc.  Sage Products, Inc.
First Midwest Bank  Sodexo, Inc.
* Michael and Donna Ford  Stan’s Office Technologies
† Nancy E. Henn-Living Trust  * Mark and Linda Steadman

Pearl - $5,000 - $9,999
* Thomas and Julie Carey  Michael and Judy Luecht
Edward Brophy Ride For Life  Gail I. Moreschi, MD
* Michael and Denise Eesley  Rabine Group Foundation
Fox River Grove PTO  Martin Smith and Betty Hamilton
Hammes Company  Studio 2015 Jewelry
Centegra Health Bridge Fitness Centers  Woodstock High School
Home State Bank

Crystal - $2,500 - $4,999
Aspen Lawn & Landscaping, Inc.  Nebo Systems
Centegra Hospital Medical-Dental Staff-McHenry  Chris and Kristine Newkirk
CNK Investments, Inc.  Northwest Herald
Dell  Oakwood Contractors, Inc.
DrumsForCures, Inc.  Anthony and Maureen Pintozzi
Fire Guard of Illinois, Inc.  Proteus Group LLC
Full Circle Foundation  Richmond Spring Grove Chamber of Commerce Women’s Network
Gilcor Construction Corporation  * Robert and Lynn Rosenberger
Hair For You  * Jason and Amy Scario
Huntley Consolidated School District No. 158  Spring Grove Firefighters Association Inc.
IKON Office Solutions  Stuckey Construction Co., Inc.
JP Morgan CHASE & Company  Total Home Health, LLC
Kleen Air Service Corporation  Wallo-Pa-Looza
McHenry County Community Foundation  Marie Wilt
Medline Industries, Inc.

† = Deceased  * = Current Pledge of $10,000+
Platinum - $1,000 - $2,499

* James and Linda Adamson
  * Linda L. Alich, MD
  Alliance Contractors, Inc.
  * Buster and Cyndi Amore
  * Judy Andronowitz
  Jennifer Baker-Grogg
  * Richard and Karen Battaglia
  * Dr. Pasquale and Marianna Bernardi
  * Bob and Rosemary Blazier
  Carol M. Block
  Dr. Sitaramarao and Vasundhara Bobba
  * Gregg and Linda Braun
  Drs. Elissa and Greg Brebach
  * Charles and Mary Budreck
  * Mike and Rosie Budreck
  Drs. Terrence and Christine Bugno
  * Ron and Linda Bykowski
  Citizens to Elect Aaron T. Shepley
  * John and Patricia Colomer
  * Dana Conway
  * Dennis and Janet Conway
  * Dr. William and Jan Cox
  * David and Colleen Delahunt
  * Jane M. Devereaux
  * Jeff and Mia Donoghue

* Joseph Emmons, MD and Elli Emmons, DDS
  Alissa Erogbogbo, MD
  Exceed Flooring and Surfaces
  * Rick and Megan Francois
  Gehrke Technology Group
  * Dean and Frances Glosson
  * Mark and Rita Goode
  * Carl and Cathy Gustafson
  * John and Janet Heinrich
  * Denise R. Heisner
  * Earl and Ann Hughes
  Robert and Julia Jessup
  * Maurice and Barbara Johnson
  * Michael and Cindiee Kivland
  Laura Twirls Suicide Awareness Foundation
  * Dr. Z. Ted and Connie Loren
  Dennis and Angela McAuley
  McHenry Baseball Association-McHenry Wood Bat Classic
  * Bill and Sue McMullen
  * Mark and Susan Milford
  * Darrick and Lara Minzey
  * Bill and Amy Moerschbaecher
  * Patrick and t Mary Morehead
  Deanna S. Moriyama
  Northern Trust Charitable Giving Program

* Christopher and Lisa O’Neil
  * Robin Rausch
  Mark Ritchie
  * David and Gail Rudolph
  * Raymond and Billie Jeanne Rundle
  * Steve and Rachel Sebastian
  Connie Secor
  Shaw Suburban Media Group, Inc
  * Aaron and Regan Shepley
  * Sherman Mechanical
  * Dr. David and Rose Shinherr
  * Dr. James and Janet Skopec

Gold - $500 - $999

* Chris and Christine Westerkamp
  Tom Woods
  * Thomas and Charlie Zanck
  * Eric and Amy Zornow

* Steve and Leeann Slack
  Rodney L. Sterne
  Robin L. Stoen
  * Bernadette Szczepanski
  John and Sandra Theriault
  * David and Nicole Tomlinson
  * Matthew C. Towler
  Warehouse Direct Office Products
  * Chris and Christine Westerkamp
  Tom Woods
  * Thomas and Charlie Zanck
  * Eric and Amy Zornow

Marietta J. Abraham, MD
Althoff Industries, Inc.
Bank of America Matching Gifts
Ellen Barnes
Laura J. Bianconi, MD
Charlotte A. Bingham
Dell Your Cause, LLC
Dale M. Derks
Fidelity Investments

† = Deceased  * = Current Pledge of $10,000+
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<th>Gold - $500 - $999 (continued)</th>
<th>30 Years or More</th>
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<td>Janee Jackewicz</td>
<td>Beth Rivera</td>
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<td>Judith K. Jefko</td>
<td>Dennis and Janet Conway</td>
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<td>* Luke and Judy Johnsos</td>
<td>Doris Ronge</td>
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<td>Bonnie S. Saban</td>
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<td>Joseph Scholpp</td>
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<td>Pamela Spence</td>
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<td>Tony Mehnick</td>
<td>Keith and Trish Spengel</td>
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<td>* Neil and Donna Murphy</td>
<td>Traci L. Stevens</td>
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<td>Parmod Narang, MD and Kamayani Narang, MD</td>
<td>Tee Jay Service Company</td>
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<td>Olson Elementary School</td>
<td>Kit Vannatta</td>
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<td>Katherine H. Powell</td>
<td>Diana Webster</td>
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<td>Angeline Janik</td>
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<td>Judy A. Anderson</td>
<td>Judith K. Jefko</td>
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<td>Kathleen M. Barber</td>
<td>Luke and Judy Johnsos</td>
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<td>Patricia A. Kolton</td>
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<td>Bill and Amy Moerschbaecher</td>
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<td>Sandra Neese</td>
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<td>Charles and Mary Budreck</td>
<td>Northwest Herald</td>
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<td>Richard Buechner</td>
<td>Jean E. Samen</td>
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<td>Patricia A. Castle</td>
<td>Penni Schimke</td>
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<td>Carol A. Dawdy</td>
<td>Stan's Office Technologies</td>
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<td>First Midwest Bank</td>
<td>Susan Swanson</td>
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<td>Dean and Frances Glosson</td>
<td>Judith M. Szilak</td>
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<td>Margaret Grams</td>
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† = Deceased  * = Current Pledge of $10,000+
15 - 19 Years

- Kathleen R. Hahn
- Michael and Mary Heraty
- Barbara C. Hoffman
- Grace Hsu
- Earl and Ann Hughes
- Kathleen Hunt
- Maurice and Barbara Johnson
- Matthew Johnson
- Laura Kirkelie
- Jeffery A. Lichte
- Robert and Patti Lofquist
- Dr. Zhigniew and Connie Lorenz
- Heathcer A. Luebke
- Alan Mader
- Carol Madsen
- Bill and Sue McMullen
- Thomas J. McAndews
- Nancy Miller
- Joy F. Monck

10 - 14 Years

- Judy Andronowitz
- Auxiliary to Centegra Hospital-McHenry
- Victoria A. Beetschen
- Bob and Rosemary Blazier
- Jaceleen M. Bowles
- Kathleen L. Brandt
- Debra Brasier
- Gregg and Linda Braun
- Linda K. Brodie
- Dan Byars
- Charlene Choklad
- Victoria Corbin
- Mike and Kara Curran
- Dale M. Derks
- Kathleen DeRoche
- Maija DeRue

- Betty Doak
- Ryan C. Dobberphal
- Kristin C. Dal
- Denise Dumont-Meyer
- Mary L. Dunlop
- Michael and Denise Eesley
- Kim Erbland
- Fire Guard of Illinois, Inc.
- Russell and Sara Foszcz
- Megan M. Francois
- Full Circle Foundation
- Gavers Community Cancer Foundation
- Gehrke Technology Group
- Kristine Germain
- Julie Glombicki
- Shira R. Greenfield

10 - 14 Years (continued)

- Suzanne Morrissey
- Diane K. Oranger
- Lynette Paradiso
- Anthony and Maureen Pintozzi
- Kathy M. Pohle
- Daniel Poleskis
- Linda S. Potter
- William Biggs
- Bonnie S. Saban
- James and Kathleen Schaid
- Suzanne L. Schwartz
- Aaron and Regan Shepley
- William Stepniak
- Dr. Robert and Nancy Turngren
- Vicki L. Uelton
- Stephanie L. Van Herzeele
- Kim Walkup
- † Diane Wittkamp
- Mary Ziebel

† = Deceased
A Community’s Generosity
CENTEGRA HEALTH SYSTEM FOUNDATION

Inside

5 - 9 Years

Paula Ackerman
Linda L. Alic, MD
Althoff Industries, Inc.
Kathleen Andreoni
Scott A. Anderson
Angeleta Angelo-Levitt
Aspen Lawn & Landscaping, Inc.
Suellen Doman Aus-Der-Au
Becky Backs
Karen J. Ballard
Ellen Barnes
Richard and Karen Battaglia
Pat Baur
Caryn Beck
Jill Benedeck
Dina Bernadzikowski
Nancy Birr
Michael Bock
Sarah Borchardt
Kelly Brasseur
Kathleen Britton
Laura Brokaw
Kathy L. Buchholz
Leslie Buck
Business Graphics, Inc.
Centegra Hospital-Woodstock Auxiliary

Ronald Chandler
Susan Cichantek
Joyce M. Commo
Julie P. Condon
Dennis and Janet Conway
Dr. William and Jan Cox
Timothy Curran
Curran Group, Inc.
Cynthia A. Czech
Denise Daleo
Judy A. Doll
Dylan DeGraw
David and Colleen Delahunty
Jane M. Devereaux
Debra S. Diedrick
Kathryn A. Dolan
Diane Doty-Brown
Dennis Druml
Vilma Duncan
Lanna Einspahr
Nancy Ekstrom
Lalin Elkins
Joseph Emmons, MD and Elli Emmons, DDS

Pat J. Esposito
Julia Farver
Patricia L. Fiorese
Shirley Francis-Smith
Laura Friedel
Annamarie Gepperth
Gilcor Construction Corporation
Scott and Barbara Gilleland
Kathleen Gokan
Mark and Rita Goode
Cynthia Gordon
RaeAnn Granlund
Michael B. Gronberg, MD
Carl and Cathy Gustafson
Joanne Gustafson
Aimee Gutek
Ronald R. Hahn
Cindy Hasty
John and Janet Heinrich
Gina M. Heinz
Denise R. Heisner
Chris Hershfelt
Linda C. Herzog
Robert Himber
Sarah A. Hoelterhoff
Jan Howard
Elizabeth Humphrey

5 - 9 Years (continued)

Margaret Janiszewski
Roy Jenkins
Art Jensen
Eloeye Jensen
Rosa I. Jechke
Kahler Slater
Dana Kaminski
Donna J. Kasper
Debbie Keenan
Mary Kelly
Natalie C. Kelly
Karen A. Kempf
Vanessa Kersten
Gloria Kessler
Christine Killian
Sue Ellyn Kittel
Michael and Cindee Kivland
Valerie Klapperich
Linda Knack
Joanne Knapik, MD
Michael A. Kopernik
Sherri Kotiw
Valerie J. Kunde
Maribel Lara
Carolyn Lawson
Michael R. Lenzi
Ray Lenzi

† = Deceased
Mary A. Levesque
Sandra Lewandowski
George Lewerenz
John Lewey
Elizabeth A. Little
Evanne C. Liyanarachchi
Norma Lockwood
Diane L. Logsdon
Peter Lopatin
Laurie L. Louthain-Walrod, MD
Anne MacArthur
Margaret MacGregor
Cheryl L. Martin
Linda M. Matthews
Cheri D. May
Gretchen McCracken
Frieda Messel
Bridget K. Messino
Christine L. Meyer
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Rebecca L. Miller
Darrick and Lara Minzey
Marcia Miskell
Gail I. Moreschi, MD
Robin Mount
Jeanine Mrjenovich
Heather Murgatroyd
Barbara Nalley
Ryan Nestrick
Barbara Nurnberg
Deneen Ochab
Christopher and Lisa O’Neil
Scott L. Padjen
Maureen Partberg
Richard Parsons
Nancy E. Persha
Dr. Robin and Joan Purdy
Ramona Carlson
Melissa J. Rangel
Robin Rausch
Laurie Revak
Jayne L. Richter
Kathy Riordan
Jane A. Robertson
Rebecca Rockwood
Doris Ronge
Robert and Lynn Rosenberger
Rosalina Rostkowski
William Rowe
Dr. Santo and Mary Ruggero
Raymond and Billie Jeanne Rundle
Leslie D. Ryan
Danette A. Santana
Sue Schmieding
Ronald Schuette
Jason and Amy Sciarro
Steve and Rachel Sebastian
Connie Secor
Sheila Senn
Dr. David and Rose Shinherr
Katherine Sieck
Elizabeth Sienkowski
Steve and Leann Slack
Judith Solares
Bonne Spasojevich
Keith and Trish Spengel
Spengel Financial
Mark and Linda Steadman
Traci L. Stevens
Robin L. Stoen
Hadley Streng
Sidney and Jenna Strombach
Jackie Sund
Katherine A. Sundberg
Berni Szczepanski
Julia Szot
Martin Teufel
John and Sandra Theriault
Ruth Timmer
David and Nicole Tomlinson
Loren Tovan
Olaya Torres
Bonnie Ungaro
Karen Van Buren
Jeanette Vanderstappen
Barbara Wasilk
Diana Webster
Rowena Wermes
Vicki Wheaton
Kay Wixom
Sandra Yunker
Thomas and Charlie Zanck
Frank and Katherine Zembal
Ronald S. Zeis
Eric and Amy Zornow
† = Deceased
As part of our mission to promote wellness for the greater McHenry County area, Centegra Health System planned, supported or participated in more than 300 events throughout the community in fiscal year 2012.

Here are just a few examples:

- Free blood pressure and diabetes screenings once every month during area food truck distributions
- Centegra Diabetes Fair-November 2011
- Holiday Giving Caravan-December 2011
- 8 Community Expos-January through May 2012
- Centegra Health Strong Woman Event-February 2012
- Girls on the Run Event-May 2012
- Road to Healthy Skin Tour-June 2012
- 3 Community Parades 2012
- Centegra Family Health Fest-July 2012
- Children’s Health and Safety Fair-August 2012
- Hearthstone-Centegra Senior Health Fair-August 2012
- Pink Heals Fire Truck-Cancer Awareness-August 2012
- Gavers Men’s Free Screening Event-September 2012
- Taste of Home Cooking Show-September 2012
- Gavers Women’s Free Screening Event-October 2012
- Care 4 Breast Cancer Walk-October 2012
<table>
<thead>
<tr>
<th>Category</th>
<th>FY12</th>
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<tbody>
<tr>
<td>Associates</td>
<td>3,620</td>
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<tr>
<td>Babies born</td>
<td>1,625</td>
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<tr>
<td>Behavioral health outpatient sessions</td>
<td>6,075</td>
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<tr>
<td>Calls to 1-877-CENTEGA</td>
<td>13,037</td>
</tr>
<tr>
<td>Cardiac cath procedures</td>
<td>2,751</td>
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<tr>
<td>Centegra Health Bridge Fitness members</td>
<td>15,063</td>
</tr>
<tr>
<td>Doctors of Centegra Physician Care (CPC)</td>
<td>88</td>
</tr>
<tr>
<td>CPC hours volunteered at Family Health Partnership Clinic</td>
<td>480</td>
</tr>
<tr>
<td>Companies served by occupational medicine</td>
<td>868</td>
</tr>
<tr>
<td>Emergency department visits</td>
<td>66,668</td>
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<tr>
<td>Flight for Life flights</td>
<td>436</td>
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<tr>
<td>Home health visits</td>
<td>29,309</td>
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<tr>
<td>Hospital beds</td>
<td>343</td>
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<tr>
<td>Immediate Care Center visits</td>
<td>28,871</td>
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<tr>
<td>Open heart surgeries</td>
<td>133</td>
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<tr>
<td>Outpatient imaging procedures</td>
<td>134,232</td>
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<tr>
<td>Outpatient laboratory procedures</td>
<td>457,347</td>
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<tr>
<td>Patients admitted to hospitals</td>
<td>18,843</td>
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<tr>
<td>Physicians on staff</td>
<td>481</td>
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<tr>
<td>Sleep lab procedures</td>
<td>1,780</td>
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<tr>
<td>Surgeries</td>
<td>13,312</td>
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<tr>
<td>Volunteer hours (to Centegra)</td>
<td>56,555</td>
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<tr>
<td>Wellness program attendees</td>
<td>17,654</td>
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<tr>
<td>Charity care at cost</td>
<td>$9,192,000</td>
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<td>Language assistant services</td>
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<tr>
<td>Government sponsored indigent healthcare</td>
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<tr>
<td>Donations</td>
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<tr>
<td>Volunteer services (non-employee)</td>
<td>$552,000</td>
</tr>
<tr>
<td>Education</td>
<td>$617,000</td>
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<tr>
<td>Subsidized health services</td>
<td>$1,380,000</td>
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<tr>
<td>Bad debts</td>
<td>$31,130,000</td>
</tr>
<tr>
<td>Other community benefits</td>
<td>$652,000</td>
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<tr>
<td><strong>Total community benefits</strong></td>
<td><strong>$84,084,000</strong></td>
</tr>
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</table>
As a community-based, not-for-profit healthcare system, Centegra is committed to providing a complete and comprehensive array of high-tech services that meet the needs of the residents we serve.

Centegra Health System has consistently maintained responsible stewardship of our financial resources as we provide the highest quality care to the community.

As we moved through the past year we measured our growth and performance and ensured that we maintained alignment with our corporate strategies.

We are pleased to present our financial statistics to you in this report, including our total charity care and community benefits of more than $84 million, which is an increase of $5 million over 2011.

We look forward to bringing even more services and technological advances to the area as we continue to plan for the healthy future of our community.

Robert M. Rosenberger
Executive Vice President and Chief Financial Officer
### Executive Officers

- **Charie Zanck**, Chairman
- **Michael Curran**, Vice Chairman
- **Thomas Carey**, Treasurer
- **William Cox**, MD, Secretary

### Board Members

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>General</td>
<td>Terrence Bugno, MD</td>
</tr>
<tr>
<td></td>
<td>Michael Eesley</td>
</tr>
<tr>
<td></td>
<td>Luke Johnsoes</td>
</tr>
<tr>
<td></td>
<td>Michael Luecht</td>
</tr>
<tr>
<td></td>
<td>Angela McAuley</td>
</tr>
<tr>
<td>President</td>
<td>Patrick Morehead</td>
</tr>
<tr>
<td>Vice President</td>
<td>Parmod Narang, MD</td>
</tr>
<tr>
<td>Recording Secretary</td>
<td>Jack Porter</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Kathy Powell</td>
</tr>
<tr>
<td>Secretary</td>
<td>Charles Ruth</td>
</tr>
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### Ex-officios

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>General</td>
<td>Richard Lind, MD</td>
</tr>
<tr>
<td>Recording Secretary</td>
<td>Robert Nixon, MD</td>
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</tbody>
</table>

### Centegra Auxiliary Boards

#### Centegra Hospital-Woodstock Auxiliary

**Officers**

- Sally Welter, President
- Rhienna McClain Trevino, Vice President
- Terri Deuerling, Treasurer
- Marian Anderson, Recording Secretary
- Gloria Timmins, Corresponding Secretary

**Board Members**

- Therese Duffy
- Jane Goebel
- JoAnn Griffin
- Dee Hartlieb
- Mary Lou Meyer
- Barbara Parrish
- Nancy Pope
- Esther Vadnais

#### Auxiliary to Centegra Hospital-McHenry

**Officers**

- Sandi Heffelfinger, President
- Linda Santeler, Vice President
- Pamela Richard, Recording Secretary
- Kathleen Moehling, Corresponding Secretary
- Trista Iodice, Treasurer

**Board Members**

- Gene Abel
- Carmen Boyer
- Janet Byrnes
- Pat Colomer
- Peg Haley
- Paula Ripple
- Sandy Vitale
- Ti Weichle
Michael S. Eesley  
Chief Executive Officer

Jason Sciarro  
President  
Chief Operating Officer

Robert M. Rosenberger  
Executive Vice President  
Chief Financial Officer

Susan Milford  
Senior Vice President  
Strategy and Development

Neil Murphy  
Senior Vice President  
Chief Nursing Officer

Aaron Shepley  
Senior Vice President  
Administrative Affairs  
General Counsel

David Tomlinson  
Senior Vice President and  
Chief Information Officer

Pasquale Bernardi, MD  
Vice President Physician Services  
Centegra Physician Care

Matt Carlen  
Vice President  
Health and Wellness

Michael Ford  
Vice President Operations  
Centegra Physician Care

Z. Ted Lorenz, MD  
Vice President  
Medical Affairs

Kumar Nathan, MD  
Vice President  
Clinical Effectiveness

Rachel Sebastian  
Vice President and Site Administrator  
Centegra Hospital-McHenry

Sheila Senn  
Vice President and Site Administrator  
Centegra Hospital-Woodstock

Bernadette Szczepanski  
Vice President  
Human Resources Development

Matthew Towler  
Vice President  
Support Services
Centegra Foundation Board of Directors

Officers
- Thomas Carey, Chairman
- Daniel Lemanski, Vice Chairman
- Stacia Hahn, Secretary/Treasurer

Board Members
- Elissa Brebach, MD
- Scott Gilliland
- Nick Kachiroubas
- Molly Karp
- Peter Michling
- Parmod Narang, MD
- Anthony Pintozzi, Sr.
- Steve Rankins
- Eric Ruth
- Martin Smith
- Keith Spengel
- Michael Splitt

Life Members
- Tod Aitchoff
- Catherine Alary
- Lyle and Virginia Anderson
- CH-Woodstock Auxiliary
- Auxiliary to CH-McHenry
- Marilyn Benoy
- Richard and Dody Beringer
- Carol Block

Life Members (continued)
- Steve Gavers
- Dr. Nicholas and Karen Gemell
- Dr. Spiro Geronimatos
- Roslyn Griesbach
- Steve Hagge
- Thomas Halat
- Pheyllis Hamilton
- Dr. Richard and Karen Hammer
- Evelyn Hans
- Wilbert Karlson Hecht, Jr.
- Paul and Barbara Hills
- James and Susan Hooker
- Donald and Dorothy Howard
- Robert and Julia Jessup
- Gertrude Jessup
- Luke and Judith Johnnoss
- Dr. James Kearns*
- Dr. and Mrs. Geoffrey Kent

Life Members (continued)
- Fred and Veronica Klewitz
- Jeffrey and Kathy Ladd
- Paul Laudick
- Donald E. Lewis
- Dr. Richard and Joanne Lind
- Dr. Roger and Kathryn Lundquist
- David Martin
- Dr. Benjamin and Jeanette Massouda
- Dennis and Angela McAuley
- Helen McClain
- Peter and Cheryl Michling
- Gail I. Moreschi, MD*
- Dr. Parmod and Dr. Kamayani Narang
- Evelyn Nertwitz
- William and Jean Neumann
- Christian and Kristine Newkirk
- Gene and Marilyn Nuziard
- Dr. Marshall and Mary Beth Pedersen

*New in 2012

Criteria for Life Membership: Donations to either Centegra Hospital-McHenry or Woodstock in the aggregate amount of $25,000, and in the form of cash, irrevocable trust or other property having a value of at least $25,000.

*New in 2012

Criteria for Life Membership: Donations to either Centegra Hospital-McHenry or Woodstock in the aggregate amount of $25,000, and in the form of cash, irrevocable trust or other property having a value of at least $25,000.
Convenient Access to Care

CENTEGA LOCATIONS

Algonquin
Centegra Sleep Services-Algonquin
A Division of Centegra Hospital-McHenry
1122 North Main Street
Algonquin, IL 60102

Crystal Lake
Centegra Corporate Office
38s Millennium Drive
Crystal Lake, IL 60012

Centegra Back to Work and Centegra Rehabilitation & Sports Medicine Clinic
A Division of Centegra Hospital-McHenry
(Locationed in Centegra Health Bridge Fitness Center)
200 Congress Parkway
Crystal Lake, IL 60014

Centegra Physician Care
Crystal Lake Medical Arts
360 Station Drive
Crystal Lake, IL 60014

Centegra Immediate Care
Centegra Health Bridge Fitness Center
200 Congress Parkway
Crystal Lake, IL 60014

Centegra Neuro-Rehabilitation Center
A Division of Centegra Hospital-McHenry
500 Coventry Lane
Crystal Lake, IL 60014

Centegra Physician Care-Neurology
750 East Terra Cotta Road
Crystal Lake, IL 60012

Huntley
Centegra Physician Care
Centegra Health Center
16350 Haligus Road
Huntley, IL 60142

Centegra Imaging Center
A Division of Centegra Hospital-Woodstock
Centegra Health Center
10450 Algonquin Road
Huntley, IL 60142

Centegra Health Bridge Fitness Center
10450 Algonquin Road
Huntley, IL 60142

Centegra Rehabilitation & Sports Medicine Clinic
A Division of Centegra Hospital-Woodstock
(Located in Centegra Health Bridge Fitness Center)
10450 Algonquin Road
Huntley, IL 60142

Centegra Back & Spine Center
Centegra Health Center
10350 Haligus Road
Huntley, IL 60142

Centegra Immediate Care
Centegra Health Center
10350 Haligus Road
Huntley, IL 60142

Centegra Weight-Loss Surgery Center
Centegra Health Center
10350 Haligus Road, Suite 220
Huntley, IL 60142

Centegra Wound & Hyperbaric Center
A Division of Centegra Hospital-Woodstock
11650 South St. 47
Huntley, IL 60142

McHenry
Centegra Hospital-McHenry
4201 Medical Center Drive
McHenry, IL 60050

Centegra Home Health Care
213 North Front Street, Suite 2
McHenry, IL 60050

Centegra Physician Care
4309 Medical Center Drive
Suites B202, B305, B310
McHenry, IL 60050

Centegra Physician Care-McHenryWest
4313 West Crystal Lake Road, Suite D
McHenry, IL 60050

Centegra Physician Care-Centegra West
4313 West Crystal Lake Road, Suite D
McHenry, IL 60050

Centegra Cardiac Rehabilitation
4309 Medical Center Drive
McHenry, IL 60050

Centegra Breast Feeding Resource Center
3701 North Rt. 47
Huntley, IL 60142

Centegra Physician Care-Obstetrics & Gynecology
3703 Doty Road, Suite 1
Woodstock, IL 60098

Centegra Cardiac Rehabilitation
3703 Doty Road
Woodstock, IL 60098

Centegra Diabetes Center
3701 Doty Road
Woodstock, IL 60098

Centegra Rehabilitation & Sports Medicine Clinic
A Division of Centegra Hospital-Woodstock
3701 Doty Road, MOB#1
Woodstock, IL 60098

Centegra Occupational Health
3703 Doty Road, Suite C
Woodstock, IL 60098

Centegra Sleep Services
3701 Doty Road
Woodstock, IL 60098

Centegra Breast Feeding Resource Center
3701 Doty Road
Woodstock, IL 60098

Centegra Physician Care
3707 Doty Road, Suites C, D, E, G and H
Woodstock, IL 60098

Centegra Physician Care-Obstetrics & Gynecology
3703 Doty Road, Suite 1
Woodstock, IL 60098

Centegra Cardiac Rehabilitation
3703 Doty Road
Woodstock, IL 60098

Centegra Diabetes Center
3701 Doty Road
Woodstock, IL 60098

Centegra Rehabilitation & Sports Medicine Clinic
A Division of Centegra Hospital-Woodstock
3701 Doty Road, MOB#1
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Woodstock, IL 60098

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Woodstock, IL 60098

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Woodstock, IL 60098

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Woodstock, IL 60098

Centegra Sleep Services
3701 Doty Road
Woodstock, IL 60098

Centegra Breast Feeding Resource Center
3701 Doty Road
Woodstock, IL 60098
We hope you enjoyed this multi-media presentation that features the many high-quality services Centegra provides.

Centegra Health System has made great strides again this year in advancing the quality, efficiencies, patient satisfaction and operations of our growing health system. We continue to add new programs and strengthen our current services, all for the benefit of our patients.

We are extremely excited about our organization’s journey toward Magnet designation. Our nurses are fully committed to enhancing the ways we care for our community. They continue the pursuit of excellence through education, evidence-based practice, research, teamwork and innovative initiatives.

Through an integrated approach to delivering services, Centegra stands as one of the most highly reputable healthcare organizations in northern Illinois.

We are proud of our accomplishments over the past year and for the continued opportunity to meet the health and wellness needs of our community.

Thank you for your continued support of Centegra Health System.

Jason Sciarro
President and Chief Operating Officer